



Nila Zamora Sayat

September 19, 1943 - August 18, 2017

Nila Zamora Sayat, MD, age 73, beloved wife, mother and grandmother, obstetrician-gynecologist, died August 18, 2017 unexpectedly in the arms of her husband. Nila was born in Manila, Philippines. She attended the University of Santo Thomas Medical School where she met her husband Jose Nilo Sayat. She graduated cum laude, and soon after they married, the couple immigrated to the United States for residency. She completed her OB-GYN training at St. Thomas Hospital in Akron, Ohio. In 1974 the couple settled in Cambridge, Ohio with their twin sons Jason and Jonathan. Nila was a woman whose life touched so many people. She will be remembered for her deep devotion to friends and family, care and compassion for her patients, leadership in the Filipino and medical communities, and engaging performances. Nila enjoyed a successful OB-GYN practice for 40 years, delivering over 7500 babies in the Tri-State area and performing thousands of procedures. She was the first female Asian physician in Cambridge, and was also the first female Chief of Staff at Southeastern Ohio Regional Medical Center. She was the chairman of the OB-GYN department at SEORMC for 13 years. An artist at heart, Nila created many paintings, drawings, wood crafts, and floral centerpieces. She was an amazing cook who used instinct instead of recipes. She was frequently known to sing duets with Jose. With her sharp mind, quick wit and charismatic personality, Nila enjoyed emceeding and orchestrating parties and events, especially for the Tri-State Filipino-American Association and the UST Medicine class of '67. She is preceded in death by

her parents Jose Jr. and Marina Zamora and brothers Mario and Renato Zamora. Dr. Sayat is survived by her husband of 50 years Jose Nilo Sayat, their children Jonathan (Gena) and Jason (Linbee) Sayat, and three grandchildren Jacob, Alana, and Grayson. Also her siblings Jose III and Cecilia Zamora. Calling hours will be from 5:00 to 9:00 on Monday August 21, 2017 and also 5:00 to 9:00 on Tuesday August 22, 2017 with wake services at 8:00 on Tuesday at Bundy-Law Funeral Home, and calling hours from 10:00 to 11:00 on Wednesday August 23, 2017 with mass to follow at 11:00 at St. Benedicts Catholic Church with Father Manuel Gelido officiating. Burial in Northwood Cemetery. On-line condolences can be sent to the family at www.bundy-lawfuneralhome.com.

Previous Events

Visitation

AUG **21**. 5:00 PM - 9:00 PM (ET)

Bundy-Law Funeral Home
120 North 11th Street
Cambridge, OH 43725
(740) 432-5705
info@bundy-lawfuneralhome.com
<https://www.bundy-lawfuneralhome.com>

Visitation

AUG **22**. 5:00 PM - 9:00 PM (ET)

Bundy-Law Funeral Home
120 North 11th Street
Cambridge, OH 43725
(740) 432-5705
info@bundy-lawfuneralhome.com
<https://www.bundy-lawfuneralhome.com>

Service

AUG **23**. 11:00 AM (ET)

Christ Our Light Parrish
701 Gomber Avenue
Cambridge, OH 43725

Tribute Wall



“ *Dr. Nila was my doctor for over fifty years. She was a wonderful doctor and caring person. She delivered both of my sons, the first being premature. I will never forget her delivering him and she said, "Come on baby, breathe." I was frantic but she was so calm and that calmed me. I loved her as a doctor and as a person. She will be missed. Joyce Starrett*

JoyceJohn Starrett - August 24, 2017 at 05:28 PM

KH

“ *Kay Hupp lit a candle in memory of Nila Zamora Sayat*



kay hupp - August 24, 2017 at 07:55 AM

TS

“ *Tita Nila was the first person who saw me - ultrasounds included. She was amazing, and my Mom and I will miss her terribly.*

- Tessa & Baby Salud



Tessa Salud - August 22, 2017 at 05:10 PM

“ALAY NA GINTONG ALAALA”

NILA ZAMORA SAYAT

September 19, 1943 – August 18, 2017)

*Mahal na kamag-aral, Nila ang matamis na pangalan
Ipinagkaloob ng Diyos sa buong sambayanan
Karunungan at kabaitan, siya ay huwaran
Lubos ang pasasalamat ng mahal na magulang.*

*Matatalik na kaibigan, sa kaniya ay tumitingala
Maraming katangian, lubos kaming humahanga
Tao siyang mapagbigay, kalooban ay marangal
Malugod na tumutulong sa mga nanganga-ilangan.*

*Pinagpala ng Diyos na kaniyang matagpuan
Si Nilo Sayat, amin kamag-aral at butihing nilalang
Magkatulad sila sa bait at karunungan
Sa harap ng dambana, sila ay nagsumpaan.*

*Puso namin ay nagdiwang sa kanilang samahan
Bukod tanging matatag at puno ng kagalakan
Parehong masipag at handa sa lahat ng damayan
Bukas ang palad at puso, ito ay asahan.*

*Tungkuling manggagamot, maligyang ginampanan
Tulad din nang pagiging anak, ina, kapatid, lola at kaibigan
Kinagigiliwan ang magandang asal at kabutihan
Maraming kaluluwa and kaniyang natulungan.*

*Ipinagbubunyi ng Klaseng '67 si Nilo at Nila
Pagtulong sa klase, namumukod sila
Sa paglikha ng drama, sayaw at musika,
Ang aming pagbuklod-buklod ay puno ng tuwa at saya.*

*Subali't and buhay ng tao ay nakatakda
Kalooban ng Diyos, tayo ay walang magagawa
Pangsamantala lamang ang buhay sa lupa
Pasalamatang Panginoon sa lahat ng biyaya.*

*Nila, ikaw ay lubhang katangi-tangi
Sa gitna ng pagdurusa, may ngiti sa mga labi
Pananampalataya sa Maykapal, hindi binabawi
Sapagka't handog na buhay, Diyos ang sanhi.*

*Ikaw ay uliran sa mundong ibabaw
Isinabuhay mo ang utos ng Poong Maykapal
Manalig at umibig nang buong katapatan
Sa langit ang iyong maligayang hangganan!*

*Bagama't puso namin ay nagdurusa sa iyong pagyao
Alam naming banal ang iyong pagkatao
Pangarap na paraiso ang naghihintay sa iyo
Dalangin ng aming puso, ito ay makamit mo.*

*Ginto mong alaala ay magiging gabay
Sa puso't isipan, ikaw ang aming taglay
Purihin ang Diyos na nagbigay buhay
Basbasan and Ngalan at bigyan nang walang sawang pagpugay!*

*Nagmamahal,
Alice Pekson Cuento, MD*

August 21, 2017

Alicia Pekson Cuento, MD - August 22, 2017 at 04:33 PM

CH

“ Thoughts and prayers to her family. Nila had an awesome personality and was the best dr ever. I was a patient of hers for 23 years. She delivered my daughter 13 years ago. She always joked about my chart being so thick and heavy and she eventually weighed it. Came in at 4 pounds. Lol. She will be greatly missed. God received a beautiful angel.

Christen Hollida - August 22, 2017 at 03:56 PM



“ Fairest of All was purchased for the family of Nila Zamora Sayat.



August 22, 2017 at 10:43 AM

MM

“ Joe, My deepest sympathy at the loss of Nila. She was an amazing person and a wonderful wife, mother, surgeon, hostess and colleague. My family will never forget how welcoming you and her were when we moved to Cambridge. Sorry we can not be there to help celebrate her life and mourn her passing.
Mike Sarap and family

Michael D Sarap MD - August 22, 2017 at 08:09 AM

AM

“ Dearest Nilo & Family,

Sincerely extending to all of you our deepest condolences & sympathy. Your loss is our loss, and your pain is our pain too for we know how wonderful a person Nila was, a darling wife, a very loving and caring mother, sister, niece, cousin, a doting grandma, a faithful friend and a great physician! Excellence defined her in all her roles. She took her commitments with loving devotion and joy. She was a bright and smart student but besides her academic achievements, her being multi talented was so manifest! She was a true artist at heart and a great entertainer! She has my deep admiration! Our class is indebted to you Nilo & Nila for the successes of many of those past reunions with your ingenuity and creativity. You have that magical insight & vivid imagination for our class presentations. Your music, song and dance performances will live forever!

Your husband and wife team excelled! You are the epitome of a happy, ideal, harmonious marriage! You are blessed and we salute you!

During our Vancouver reunion last July, when Class '67 was introduced as the Golden Jubilarians, we all marched as one united family from the "Star Wars Galaxy", with everyone in costume with their light sabers! People were amazed and awed with such innovation! Our eternal gratitude to both of you!

My deep regret was not being able to relate the whole story to Nila and thank her. I missed the chance to make her smile. I will forever cherish our intimate phone conversations these past years, where she shared her daily routine activities, how she had been coping with her health challenges, how dedicated, patient and wonderful you were, Nilo and how much she loved and appreciated her whole family! I enjoyed her candor and admired her virtues of patience, humility, selflessness, gentleness and kindness. In the midst of her suffering, her faith remained steadfast. She had never given up hope but was surrendered to God's Divine Will! Indeed, the Holy Spirit dwelled in her! She had lived a full life and had glorified the

Lord! This thought eases my grieving heart!

Praise and honor God for the precious gift of our beloved Nila! May she now enjoy Paradise in everlasting bliss in God's presence, our Blessed Mother and all the angels and saints!

Nilo, we pray that your whole family receive God's loving consolation and comfort knowing that Nila is now at peace with our Creator and Savior.

We will forever treasure the sweet memories of Nila and your loving friendship! We are with you in spirit and prayer. Thank you!

*Lovingly,
Alice (Pekson) and Bobby Cuento*

Alice Pekson Cuento, MD - August 21, 2017 at 06:57 PM

TA

“ *Our sincere condolence to the SAYAT family. Our whole families of several generations are praying for all of you.love the AREJOLA families.*

THOMAS REYES AREJOLA - August 21, 2017 at 05:49 PM

DB

“ *Dianelle Bates lit a candle in memory of Nila Zamora Sayat*



Dianelle Bates - August 21, 2017 at 05:31 PM

DB

Dr. Sayat was a wonderful doctor and very funny. I went to her for many years. Beautiful inside and out!

Dianelle Bates - August 21, 2017 at 05:33 PM

AL

Dr. Nila was the best and will be missed she was always kind loving and had compassion. Dr. Joe my brother Drew and i was two of your first patients when you came to Cambridge. i am truly sorry for your loss!

Amy Estep-Lake

amy - lake - September 13, 2017 at 04:55 AM



“ *Peaceful White Lilies Basket was purchased for the family of Nila Zamora Sayat.*



August 21, 2017 at 03:46 PM



“ *Simply Elegant Spathiphyllum was purchased for the family of Nila Zamora Sayat.*



August 21, 2017 at 02:16 PM

MM

“ *I remember vividly the music band with Nila on the microphone, Nilo on the keyboard, and another physician Tom Arejola singing. Winter is not so cold anymore in St. Thomas Hospital, Akron, OH where I took my rotating internship. Thank you for sharing your talent, Nila. Rest in Peace now with the Almighty.*

Manny Moraleda.

Manuel H. Moraleda - August 20, 2017 at 08:00 PM

J(

“ JP Marizel, Kristina & Tessa & Baby (Michigan) purchased the Sentiments of Serenity Spray for the family of Nila Zamora Sayat.



JP Marizel, Kristina & Tessa & Baby (Michigan) - August 20, 2017 at 07:45 PM

MP

“ Macaraig & Castillos (US, AU, Canada, Philippians) purchased the Peaceful White Lilies Basket for the family of Nila Zamora Sayat.



Macaraig & Castillos (US, AU, Canada, Philippians) - August 20, 2017 at 07:44 PM

CF

“ Cathy and Chuck McIntire and family purchased the Peaceful White Lilies Basket for the family of Nila Zamora Sayat.



Cathy and Chuck McIntire and family - August 20, 2017 at 07:26 PM

MM

“ Nila and I were classmates at HGC59ers. I remember her well and being friends with her.
My condolences to you her family and lots of prayers.
May she Rest In Pesce.
Mina Preysler Munoz

Mina Preysler Munoz - August 20, 2017 at 07:24 PM

NB

“ Nabal B. purchased the Garden of Serenity Bouquet for the family of Nila Zamora Sayat.



Nabal B. - August 20, 2017 at 06:43 PM

PE

“ Forever grateful to Nila. A beautiful lady, a beautiful soul. God Bless.



Pam Engstrom - August 20, 2017 at 05:49 PM

DC

“ She was a amazing women and doctor. Will miss her. Thoughts and prayers to family.

Debra chambers - August 20, 2017 at 04:44 PM

GO

“ Nila

Thank you for the wonderful years of friendship. I have enjoyed every single one. I'm lucky to call you my best friend and comadre.

I still remember the first time I met you, Nilo, Jason, and Jonathan in Olentangy in Columbus. You were there shopping for tennis outfits and we were there too with our boys, Chico and Cholo. We sized up each other and from there we became good friends. We attended parties and get togethers, vacations in a Hilton Head, not to mention, the weekly visits to your place or ours. I especially remember the one vacation we had. You had a villa a few doors away and since we only had one week you invited us to stay a couple of days more. Since there wasn't enough room, we decided to sleep on a king-sized bed with you and Nilo. Yes all 4 of us! It was a sleepless night as we giggled all night long!

Dearest friend, that's all I have to share for now. I'll raise a glass on your 74th birthday in September and as always I'll keep you in my thoughts.

I look at old pictures and videos I have saved of our memories. I will miss you. Although it's a cliché, I know you are in a better place. Thank you for being the most influential person I have ever met, for accepting and loving everyone and being someone that impacted the lives of so many. You will never be forgotten. Rest In Peace Nila.

Gina

Gina Cruz Ousley - August 20, 2017 at 04:36 PM

HM

Hi Ni ,

*We are really saddened and shocked by how unexpectedly you left us .
The pain of loss and separation at death is hard to bear , however We
are consoled that you are now safe in His hands , where no malice or
torment can touch you .*

*God our loving Father , your power brings us into this world at birth ,
your divine intervention guides our lives, and by your command we
return to dust .*

*Lord , we believe that those who have died , still live in your presence,
their lives have changed but had not ended .*

*May Nila who has been so dear to us in life ; a classmate , a colleague,
a comadre , leader of our TSFAA and UST Class 67 Medicine , find a
place with YOU in heaven.*

We pray for strength for Nilo your children , and your grandchildren'

*Thank you for your friendship , your guidance and support in all our
Class and Tri-state affairs , your personal attention on our family
medical issues*

Rest In Peace ... my dear friend

Inday Helouise

Helouise C. Mapa - August 21, 2017 at 04:26 AM



“ *Pretty Please was purchased for the family of
Nila Zamora Sayat.*



August 20, 2017 at 04:35 PM

CH

“ Twenty-six years ago this Wednesday, Dr. Sayat delivered me at 6:00 a.m. on a Friday. After I graduated from high school in 2011, I attended Mid-East Buffalo for their business skills program. For two years every Tuesday morning, my class would volunteer at the hospital, yet I never met her. I regret never having the chance to thank her assisting my mother in safe labor.



Candice Hood - August 20, 2017 at 04:08 PM

DP

“ You Will always be remembered and your friendship Will remain In my heart. You are now In the arms of our Creator with No pain and suffering. Be strong Dr.Nilo Sayat and the twins with their families and kids, she's gone physically but Will always remain In our Hearts. The Joy she left behind her Love for the families and friends it Will bring tears to our eyes because she Will be missed. Doc, take very good care of yourself. Thinking of you always ...Dina Poling

Dina Poling - August 20, 2017 at 03:38 PM



“ Gracious Lavender Basket was purchased for the family of Nila Zamora Sayat.



August 20, 2017 at 02:33 PM

U1

“ UST MED CLASS 1967 purchased the Magnificent Life Spray for the family of Nila Zamora Sayat.



UST MED CLASS 1967 - August 20, 2017 at 02:26 PM

OB

“ Dear Nilo and family,

*So sorry to hear about Nila's sudden passing.
We will surely miss her.. we last saw her last year, at Dr. Ho's event.
She was a fun person to be with, when we used to meet each other
at several APPA's conventions, and medical missions in the
Philippines. We agree with all our medical classmates that she was
a multi.talented and gracious person.*

*Nilo, you and your family are in our thoughts and prayers.
May God bless Nila and may she finally be in peace and comfort .*

Oscar and Yvonne Bascug

Oscar G Bascug - August 20, 2017 at 01:36 PM

AL

“ 1 file added to the album New Album Name



augusto lacanlale - August 20, 2017 at 12:03 PM

GS

“ Gretchen Siegfried lit a candle in memory of Nila Zamora Sayat



Gretchen Siegfried - August 20, 2017 at 11:38 AM

EY

“ We were fortunate to have been your classmates in Medical School. Your knowledge of science and music is remarkable and thank you for sharing those attributes with us. We always remember. Rest in Peace and my the Lord give comfort and solace to your loving family and friends.

Editha B. Uy Yap - August 20, 2017 at 10:57 AM

HM

“ I'm so sorry to hear of her passing. She was my OB for 2 of my 3 children. My thoughts and prayers go out to her family. God Bless you all in this sad time.



Hellen Miles - August 20, 2017 at 09:16 AM



“ Heavenly Sentiments Spray was purchased for the family of Nila Zamora Sayat.



August 20, 2017 at 09:12 AM



“ *Heaven's Comfort was purchased for the family of Nila Zamora Sayat.*



August 20, 2017 at 08:57 AM



“ *I had know Dr. Nila...for 40 years....she delivered both my boys.....I loved her for always being so compassionate and always taking time to explain things if needed...my thoughts and prayers to family....she will be greatly missed....*



Beth Ayers - August 20, 2017 at 07:42 AM



“ *Sarah Peoples sent a virtual gift in memory of Nila Zamora Sayat*



Sarah Peoples - August 20, 2017 at 06:41 AM

SV

“ I'm so very sorry to hear of Nila's passing. No matter how long one prepares for this event, it does not become easier. God is our first beginning and last end, and Nila has gone into his loving arms. I used to study with Nila in her Lola's home while in Med School; she studied with gusto, shared her notes, and was very generous, smart, super kind and talented, one beautiful person. She had this vivid imagination and vision for art and entertainment, which she pursued with ease that made working with her a most pleasureable experience. Nilo, you have the enviable pleasure to be her soulmate, early in this life and to have spent a lifetime of love with her, your twins and family. I shall not forget Nila and pray for her. I pray for you and your family. God loves you all unconditionally all the time.
Sandra Valdez

Sandra Valdez-Reilly - August 20, 2017 at 05:46 AM



“ Loving Lilies and Roses Bouquet was purchased for the family of Nila Zamora Sayat.



August 20, 2017 at 03:49 AM

AM

“ Amy lit a candle in memory of Nila Zamora Sayat



Amy - August 20, 2017 at 01:36 AM

JZ

“ To our dear Nilo, Jon, Jason, Geena, Linbee, Jacob & Alana & Grayson,

Words seem inadequate to express the sorrow felt by the loss of our beloved Nini.

She will be greatly missed and her warmth, kindness, and gentle spirit will be remembered forever. Our hearts are with you all.

*With all our love and deepest sympathy,
The Zamoras, the Tolentinos & the Kleins family*

Joey & Amy Zamora - August 20, 2017 at 01:35 AM

CA

“ Carolyn J Arnold lit a candle in memory of Nila Zamora Sayat



Carolyn J arnold - August 20, 2017 at 12:26 AM

CT

“ Chary Tinio lit a candle in memory of Nila Zamora Sayat



Chary Tinio - August 19, 2017 at 09:07 PM

CT

My sincere condolences for your loss, Nilo. My thoughts and prayers for the repose of Nila's soul are with you and your family.

Chary Gutierrez Tinio

Chary Tinio - August 19, 2017 at 09:30 PM

SF

“ *Visiting a common friend in Cambridge years ago, I remember Nila and Nilo joining us for dinner at a local Chinese Buffet restaurant. As the only Las Vegas classmate in the late 1990s, I had the chance coordinating with her the reunion events she was planning in the city as President for Med Class 67. She did choreographed the 2 Las Vegas reunion presentations for our gala night and I remember one time, I had to rent showgirls headdresses as part of some of the classmates costumes. She was good at it. I know she will be missed by Friends and especially Nilo and Family. Our prayers and may she rest in peace and have eternal happiness in her final Home.*

*Soty Fabella
Las Vegas*

Soty Fabella - August 19, 2017 at 07:40 PM

NB

My last bonding with the famous couple was in Las Vegas . So glad my husband drove me and Soty even made that circular thing we each held, proudly saying "Class '67..

We enjoyed practicing for the presentation and I can clearly remember how Nila was directing our moves.

I was one of the "showgirls " wearing those headgears that just found out Soty rented. I want to remember Nila in those happy times we had and look at the pictures with a smile.

Life is changed, not ended;

Till we meet again Nila. 🥹🥹🥹🥹

Nitz Caligayahan- Belen - August 20, 2017 at 01:43 AM



“ *Beautiful in Blue was purchased for the family of Nila Zamora Sayat.*



August 19, 2017 at 06:54 PM



“ *Chuck and I have fond memories of Nila and Joe in the operating rooms and the fun parties at their home. Music was such a part of the entire family and we so enjoyed Joe playing and all of them singing for us. We watched the boys grow up and saw them follow in the footsteps of their parents. What a beautiful, fun family and we share in their sorrow at Nila's passing. We will miss her and our hearts are saddened. God bless!
Chuck and Cathy McIntire and children.*

Cathy McIntire - August 19, 2017 at 06:33 PM



“ *To Nilo and family,
It has been 50 yrs since med school but the memories still linger on . Her bubbly personality and the best fruit salad she brought to class parties still resonates with me.
May God keep her in her bosom and may the angels and saints welcome her into everlasting paradise.
Sincerely,
Lito Almario*

Lito Almario - August 19, 2017 at 05:20 PM

CM

“ Thank you ate Nila.. This drawing is for you.. The news has saddened us all and I will miss that lady who always motivate me to draw everyday. Praying that God will embrace you with his eternal love, and send comfort to your family.. Much love from all of us.



Cristina Macaraig - August 19, 2017 at 04:54 PM

EG

“ Dear Nilo and family,

I remember her sweet voice, gentle smile and bubbling personality. I think of her every time I hear a Mamas and Papas song, Always a pleasure and fun to be around her including those lunches at her Lola's house. We will all remember her.

Erwin Gonzalez

Erwin Gonzalez - August 19, 2017 at 04:19 PM

OM

“ Our prayers are with you Kuya Nilo, Jonathan and Gena, Jason and Linbee, the in-laws, the grandchildren and the Sayat and Zamora families, in this time of grief. May Ate Nila's soul rest in peace.

Orlando Macaraig - August 19, 2017 at 04:13 PM

OM

“ Orlando Macaraig lit a candle in memory of Nila Zamora Sayat



Orlando Macaraig - August 19, 2017 at 04:03 PM

MB

“ Dear Nilo and family,
We are saddened by the news of Nila's passing away, and although we have not seen each other in years, I have vivid memories of both your talents and inspiring personalities. I have said a prayer for you and your family, and I hope Nila rests in peace, after all her health battles. Take care of yourself,



Mayette Andrada Banogon

Mayette Banogon - August 19, 2017 at 03:19 PM

LP

“ Lori Perkins lit a candle in memory of Nila Zamora Sayat



Lori Perkins - August 19, 2017 at 02:59 PM

AW

“ *Ashley Wolverton lit a candle in memory of Nila Zamora Sayat*



Ashley Wolverton - August 19, 2017 at 02:52 PM